

# Three Rivers Rowing Association

## Application for CREW LEADER I

DATE \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

- A Level I Crew Leader may take out one boat with EXPERIENCED rowers and an EXPERIENCED coxswain.
- A Level I Crew Leader may only take out crews during daylight hours.  
Level I Crew Leader – Paddling:
- May take out up to ten inexperienced kayakers in the back channel
- May take out a dragon boat with experienced paddlers in the back channel

### An applicant for Crew Leader Level I must:

Rowing:

\_\_\_\_ 1) Have completed within the past three years 300 miles of sweep rowing at TRRA, including a minimum of 50 miles rowing and 50 miles coxing.

VERIFIED BY/ON \_\_\_\_\_

Paddling:

\_\_\_\_ 1) Have completed within the past three years 10 outings in a kayak

VERIFIED BY/ON \_\_\_\_\_

\_\_\_\_ 1) Have completed within the past three years 10 outings in a dragon boat, including 5 outings as a steersperson.

VERIFIED BY/ON \_\_\_\_\_

Rowing and Paddling:

\_\_\_\_ 2) Demonstrate a knowledge of TRRA Procedures, Rules, and Guidelines.

TEST GRADE \_\_\_\_\_

\_\_\_\_ 3) Demonstrate a practical knowledge of rowing and coxing, or paddling and steering, and safety and technique.

VERIFIED BY/ON \_\_\_\_\_

\_\_\_\_ 4) Submit an application for review by members of the Crew Leader Panel. This panel shall be made up of experienced coaches and crew leaders. Upon unanimous approval by that Committee, the names of recommended individuals will be brought to the Board of Directors for ratification.

RATIFIED ON \_\_\_\_\_

\_\_\_\_ 5) Be at least 19 years old.

\_\_\_\_ 6) Maintain at least 100 miles per year rowing or paddling, if applicable.

VERIFIED BY/ON \_\_\_\_\_

### An experienced rower or paddler from another club must satisfy the following requirements:

\_\_\_\_ 1) Have rowed or paddled for another club within the last 3 years.

CLUB \_\_\_\_\_

\_\_\_\_ 2) Rowed or coxed at least 100 miles or paddled and steered for 10 times at TRRA.

\_\_\_\_ 3) Complete 5 trips to the Point and 5 trips to the 62<sup>nd</sup> St. Bridge in sweep 4's or 8's, with at least 2 of these trips in the coxswain's seat.

VERIFIED BY /ON \_\_\_\_\_

\_\_\_\_ 4) Provide a **Letter of Reference** from a former club or coach (see attached)

\_\_\_\_ 5) Have completed a tour of the river in a launch.

\_\_\_\_ 6) Satisfy the Remaining Requirements 2, 3, 4 and 5 as listed above.

### Annual Review

The status of Crew Leaders shall be reviewed annually by the Crew Leader Panel.

**Three Rivers Rowing Association**  
**Application for CREW LEADER II** DATE \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Rowing:

- A Level II Crew Leader may take out **one** boat with a novice coxswain or **two** boats of EXPERIENCED rowers when following in a launch.
- A Level II Crew Leader must accompany in a launch any boat containing primarily NOVICE rowers.
- A Level II Crew Leader may only take out crews during daylight hours.

Paddling:

- May take out up to six inexperienced paddlers on the river
- May take out one dragon boat
- Must have TRRA launch certification

**An applicant for Crew Leader Level II must:**

- \_\_\_\_ 1) Satisfy all requirements of Crew Leader Level I.  
VERIFIED BY /ON \_\_\_\_\_
- \_\_\_\_ 2) Participate in at least 15 outings per year as a Level I Crew Leader.  
VERIFIED BY /ON \_\_\_\_\_
- \_\_\_\_ 3) Demonstrate an ability to operate a launch.  
VERIFIED BY /ON \_\_\_\_\_
- \_\_\_\_ 4) Demonstrate a knowledge of Safe Boating as described by the PA Fish and Boat Commission's Safe Boating Manual.  
VERIFIED BY /ON \_\_\_\_\_
- \_\_\_\_ 5) Demonstrate an ability to respond to emergency conditions and situations.  
VERIFIED BY /ON \_\_\_\_\_
- \_\_\_\_ 6) Demonstrate a knowledge and ability to make on- and off-water Equipment Repairs.  
VERIFIED BY /ON \_\_\_\_\_

**Annual Review**

The status of Crew Leaders shall be reviewed annually by the Crew Leader Panel.

# Three Rivers Rowing Association

## Application for CREW LEADER III

DATE \_\_\_\_\_

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

### Rowing:

- A Level III Crew Leader may take out up to four boats accompanied by a launch without restriction to the experience level of the rowers or the coxswain.
- A Level III Crew Leader may take out crews during daylight and twilight hours.
- A Level III Crew Leader is expected to model, police, and enforce all TRRA policies, rules, and safety guidelines.

### Paddling:

- May take out twelve paddlers on the river
- May take out two dragon boats on river regardless of experience level

### An applicant for Crew Leader Level III must:

\_\_\_\_\_ 1) Satisfy all of the requirements of Crew Leader Levels I and II  
VERIFIED BY /ON \_\_\_\_\_

\_\_\_\_\_ 2) Participate in at least 15 outings per year as a Level II Crew Leader when following at least two boats in a launch.

VERIFIED BY /ON \_\_\_\_\_

### Rowing:

\_\_\_\_\_ 3) Demonstrate on-water knowledge of Launch Safety and Operation with up to four boats.

### Paddling:

\_\_\_\_\_ 3) Demonstrate on-water knowledge of Launch Safety and Operation with up to two dragon boats

\_\_\_\_\_ 3) Demonstrate on-water knowledge of Launch Safety and Operation with up to twelve kayaks

VERIFIED BY /ON \_\_\_\_\_

NOTES

VERIFIED BY /ON \_\_\_\_\_

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VERIFIED BY /ON \_\_\_\_\_

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VERIFIED BY /ON \_\_\_\_\_

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\*\*For the purpose of Crew Leader Level III selection, each application shall be **considered by a minimum of three members of the Crew Leader Panel**. In order to established the applicant's skill level the panel may require that he or she participate in **four separate on-water outings with a panel member**. The purpose of these outings is to evaluate the proficiency with which the applicant runs a practice with at least to four boats.

### Annual Review

The status of Crew Leaders shall be reviewed annually by the Crew Leader Panel.