Application for Sculling Certification 1 Form

Name of Sculler: Date of test:

Address:

Phone and Email:

· Sculling Certification I holders may use adaptive, recreational, and training shells rigged for either scull or sweep during daylight hours.

· Sculling Certification I holders may use Racing Equipment only in supervised practices with the permission of the TRRA Executive Director or designated staff person(s).

Needs Retest*	Conditional Pass**	Pass	
			Rower must:
☐	☐	☐	Verify TRRA Membership/Fees Status
☐	☐	☐	Swim Test Form: Completed and on File
☐	☐	☐	TRRA & USRowing Waiver Forms
			Rower must demonstrate knowledge in the following areas:
☐	☐	☐	Possess, be familiar and understand TRRA Rules and Guidelines and Safety Matrix
☐	☐	☐	Understand Responsibility for Safety of the sculler
☐	☐	☐	Understand Responsibility for Safety of other rowers
☐	☐	☐	Safeguard to the equipment.
☐	☐	☐	Using Sculler reservation book and use of the sign in/out log
☐	☐	☐	Familiarity with the weather board, weather radio and appropriate seasonal safety considerations
☐	☐	☐	Traffic patterns and major obstacles when rowing
☐	☐	☐	Use of PFD
☐	☐	☐	Significance and filing of “Incident Report Forms”
☐	☐	☐	Significance and filing of Equipment Maintenance & Damage Report Forms”
			Rower must demonstrate ability to selelct, handle, and rig equipment for use
☐	☐	☐	Distinguish between yellow-certified & red-advanced certified boats and Boat Classification System
☐	☐	☐	Determine which equipment the sculler is eligible/ineligible to use
☐	☐	☐	Use of the stairs
☐	☐	☐	Remove and carry boat from racks to docks-(two person carrying recommended)
☐	☐	☐	Set boat in water, avoiding skeg damage
☐	☐	☐	Close hatches, set foot stretchers, height, slide, place oars in oarlocks, set and replace seat
☐	☐	☐	Lift boat from water, avoiding bumping bow and stern-(two person carrying recommended)
☐	☐	☐	Carry boat from dock to racks
☐	☐	☐	Check for loose parts, basic rigging repairs.
☐	☐	☐	Wash/wipe down boat
			Rower must demonstrate basic maneuvers
☐	☐	☐	How to get in & get out of the scull from dock
☐	☐	☐	Launch from the dock
☐	☐	☐	Full compression rowing.
☐	☐	☐	Look around while rowing full slide ("check your point")
☐	☐	☐	Steering while rowing full slide
☐	☐	☐	Stop from full speed
☐	☐	☐	Spin 360 degrees in place: clockwise & counter clockwise
☐	☐	☐	Row backwards
☐	☐	☐	Land in middle of dock w/o bumping the bowball
☐	☐	☐	Right an overturned shell and reenter from water
☐	☐	☐	Overall Ability to Row by oneself

***** If a Retest of all or part of the test is required, the tester may specify a minimum number of rows or miles before a Retest will be administered. State the details below.

****** Conditional pass can be a Restriction, such as limiting the type of shell. State details below.