

SPLASH!

THREE RIVERS ROWING ASSOCIATION

Newsletter for Members and Friends

Pittsburgh, PA

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**Three Rivers
Rowing
Association**

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1. TRRA LANDS USROWING MEN'S JUNIOR NATIONAL TEAM DEVELOPMENT CAMP

We're excited to be hosting some of the fastest young rowers in the country for four weeks this summer. TRRA will host 30 athletes from June 21 to July 19. The camp is part of the USRowing Junior National team system and the focus of the camp will be to help the development process of these young rowers (mostly 16 and 17 year olds) with the hopes that they will continue in the USRowing National Team system for many years. The rowers will stay in Pittsburgh while rowing out of our boathouses. The team will be able to use the boathouses at non-peak time and will use non-TRRA equipment. The camp is invitation only and those invites will be going out in the next month or two. This camp will run at the same time as our boys and girls TRRA Competitive Camps, but will not change the focus of those camps in any way. More information about the camp will be appearing on our website soon and you can read a USRowing Press Release on their website:

http://www.usrowing.org/Junior_NationalTeam/index.aspx

http://www.usrowing.org/News_Media/PressReleases/detail.aspx?nws_IKey=624

2. FIRST ROW OFFICIALLY KICKS OFF!

We would like to officially welcome Joy Nix to Pittsburgh and First Row to our boathouses! Joy comes to us from Austin, Texas and will serve as the head coach of First Row. Some of you may have heard about the efforts to get this program off the ground in the past year or so. Joy and TRRA will be working with Communities in Schools to grow it into a very successful program with the mission of engaging Pittsburgh's urban high school girls through an inclusive rowing and mentoring program while striving to prepare the girls for the opportunities to pursue college scholarships. We received a very generous donation to make this program a possibility. Joy brings a plethora of rowing experience from her days at the University of Texas as well as training in Seattle. We're excited to have Joy and First Row starting with us. More information about the program will be showing up on our website soon.

3. HELP RECRUIT!

Our 2008 programs were very profitable, but we need your help to continue this trend. Membership, program participation and revenue continued to increase in '08 and we are hoping with your help that

this will only continue in these hard economic times. In some ways it's the perfect time for people to focus on their health and use TRRA as a positive outlet!

We have a corporate rowing informational meeting at the end of March (info on our website).

EVENT DATES TO PUT ON YOUR CALENDAR

Boathouse Cleanup and Rigging Day – March 28th

We'll provide more detail soon to our members, but this is a good day to help get our boat bays and boats ready for the busy spring and summer.

Millvale Clean Sweep – April 25th

More info will be available soon about how to help with this Earth Day cleanup of Millvale riverbank.

Pittsburgh Scholastic Sprints – May 3rd

The race is teaming up with A Glimmer of Hope, a local Pittsburgh foundation, to support Breast Cancer Research.

Great Outdoors Week – May 15th

We will again do a free Learn to Row at Millvale on this Friday to kick off the Venture Outdoors Great Outdoors Week.

Dragon Boat Races – July 5th

The races will be a featured event of the Three Rivers Regatta this year.

Heinz Challenge – July 25th

Corporate Rowing Scrimmage will take place between the two sessions of corporate rowing.

Major Bass Tournament – July 30-August 2

Not a TRRA event, but it will bring some action to our rivers that everyone should be aware of.

Head of the Ohio – October 3rd

The race is officially moving back to the first Saturday in October this year.

Route 28 - ???

Keep your ears open for new construction announcements. Traffic will only get worse around the 31st St. Bridge before it (hopefully) gets better. PennDOT has plenty of work planned for 28, but no exact dates for that work. The last we heard were that closings of 28 won't happen until 2010...

ROW HARD! STAY SAFE!