

SPLASH!

THREE RIVERS ROWING ASSOCIATION

Newsletter for Members and Friends

Pittsburgh, PA

Issue No. 46 – June, 2009



**Three Rivers
Rowing
Association**

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1. SUMMER ROWING SEASON IN FULL SWING

Summer Rowing is upon us! And our summer programs are kicking off really well. I sometimes try and take a step back and observe all that is going on at this boathouse and it is absolutely amazing. The below are just a few figures of how much we have going on:

- 150+ Masters Rowers on our different masters teams.
- 300+ Corporate Rowers
- Adaptive Rowing Program started this week
- Summer Junior team started an indoor pre-camp this week
- The USRowing Development Camp will be here in 3 weeks
- About 200 participants in our upcoming Dragon Boat Challenge
- All the other programs that touch individuals through other kayaking, dragon boating and rowing activities.

2. VOLUNTEER APPRECIATION

From Rick Brown:

"I try and step back and truly appreciate all the volunteer hours you all put in to making our club one of the largest in terms of participation in the country (if not the largest). I can't even begin to list all the individuals and all the projects that have been happening, but will try to write them all down at some point. It really is inspiring to see so many people help out. You are building an impressive community here at TRRA. I also appreciate everyone being so patient with projects sometimes taking a little while to complete because we are relying so heavily on volunteers right now. Things are getting done even though at times we feel like it could be done more swiftly."

3. PLEASE HELP US RECRUIT!

- Our [Learn to Row Camps](#) start soon. These are great ways to get new junior high school and high school aged kids involved with rowing.
- We have plenty of [Dragon Boat opportunities](#) for both youth and adults.

4. WE NEED YOU!

- The [Pittsburgh Dragon Boat Challenge](#) is coming up and we need all the help we can get on race day (July 5th). Rowers, please know that the Dragon Boaters help a lot with our rowing events, so please don't hesitate to [help out](#) with the dragon boat race.
- Blood Drive this Saturday. Please email iso.handler@gmail.com to sign up.
- Check our Volunteer Board at the Lambert Boathouse or check the [Volunteer page](#) on the TRRA website. There are many current opportunities to help out!

5. TRRA IN THE NEWS

Two local rowers have been chosen to participate in the USRowing's Junior Men's National Development Camp. Read about it [here](#).

6. USROWING'S JUNIOR MEN'S NATIONAL DEVELOPMENT CAMP - DEMOGRAPHICS

Breakdown of the USRowing National Team Camp that we're hosting and where the Boys are from so far:

Alabama (1)	Maryland (1)	Ohio (1)
California (6)	Michigan (2)	Oregon (2)
Connecticut (1)	New Hampshire (1)	Pennsylvania (4)
Florida (8)	New Jersey (1)	Washington (5)
Illinois (2)	New York (2)	

EVENT DATES TO PUT ON YOUR CALENDAR

Heinz Challenge – July 25th

Corporate Rowing Scrimmage will take place between the two sessions of corporate rowing.

Major Bass Tournament – July 30-August 2

Not a TRRA event, but it will bring some action to our rivers that everyone should be aware of.

[Head of the Ohio – October 3rd](#)

The race is officially moving back to the first Saturday in October this year.

Route 28

Here's the [latest](#) from PennDOT.

ROW HARD! STAY SAFE!