Application for Sculling Certification 1 Form

Name of Sculler: Date of test:

Address:

Phone and Email:

· Sculling Certification I holders may use adaptive, recreational, and training shells rigged for either scull or sweep during daylight hours.

· Sculling Certification I holders may use Racing Equipment only in supervised practices with the permission of the TRRA Executive Director or designated staff person(s).

· Sculling Certification I may be given on a probationary basis where holders may be limited to “back channel rowing”, supervised rowing by a Level II or III Crew Leader, or other restrictions set by the Executive Director.

Needs Retest*	Conditional Pass**	Pass	
			Rower must:
			Verify TRRA Membership/Fees Status
			Swim Test Form: Completed and on File
			TRRA & USRowing Waiver Forms
			Rower must demonstrate knowledge in the following areas:
			Possess, be familiar and understand TRRA Rules and Guidelines and Safety Matrix
			Understand Responsibility for Safety of the sculler
			Understand Responsibility for Safety of other rowers
			Safeguard to the equipment.
			Using Sculler reservation book and use of the sign in/out log
			Familiarity with the weather board, weather radio and appropriate seasonal safety considerations
			Traffic patterns and major obstacles when rowing
			Use of PFD
			Significance and filing of “Incident Report Forms”
			Significance and filing of Equipment Maintenance & Damage Report Forms”
			Rower must demonstrate ability to selelct, handle, and rig equipment for use
			Distinguish between yellow-certified & red-advanced certified boats and Boat Classification System
			Determine which equipment the sculler is eligible/ineligible to use
			Use of the stairs
			Remove and carry boat from racks to docks-(two person carrying recommended)
			Set boat in water, avoiding skeg damage
			Close hatches, set foot stretchers, height, slide, place oars in oarlocks, set and replace seat
			Lift boat from water, avoiding bumping bow and stern-(two person carrying recommended)
			Carry boat from dock to racks
			Check for loose parts, basic rigging repairs.
			Wash/wipe down boat
			Rower must demonstrate basic maneuvers
			How to get in & get out of the scull from dock
			Launch from the dock
			Full compression rowing.
			Look around while rowing full slide ("check your point")
			Steering while rowing full slide
			Stop from full speed
			Spin 360 degrees in place: clockwise & counter clockwise
			Row backwards
			Land in middle of dock w/o bumping the bowball
			Right an overturned shell and reenter from water
			Overall Ability to Row by oneself

***** If a Retest of all or part of the test is required, the tester may specify a minimum number of rows or miles before a Retest will be administered. State the details below.

****** Conditional pass can be a Restriction, such as limiting the type of shell. State details below.